

<b>BABY MASSAGE</b>	Embrace some bonding with some precious one-on-one time; learn the technique and enjoy the rewards and soothing benefits of this mother and child indulgence. Happy cooing and gurgling one and small.
<b>1<sup>ST</sup> AID COURSES</b>	Accidents in the home are the most common cause of child death and injury. Westover run courses every month, which will give you a comprehensive grounding for dealing with any emergency situation with your child.
<b>MINI MANUKA NIBBLETs</b>	From 'Snow White and the seven cupcakes' to 'One, two, buckle my choux pastry', tiny tasters are encouraged to indulge in their favourite flavours and cook with a Leiths trained chef!
<b>MOZART'S MAESTROS</b>	Xylophones, maracas and all things musical. Singing, dancing and composing – join our choir and orchestra!
<b>TALKING TOTS</b>	Help your child to build one of the most important skills we all need in life – good communication. Fun games and activities that will boost your little one's natural communication and language development. Chatter does matter!
<b>AMANDA'S ACTION KIDS</b>	Be all you can be; bop along to funky beats whilst your imagination is stretched and the horizons widened by new, weird and wonderful objects.
<b>FRUITY TUNES</b>	Instruments, puppets and bubbles make this class one to be part of. Led by John on guitar this is musical development at it's most fun!

**FARMYARD: All classes are £10.00 each or £8.00 for Westover members – you can buy booklets of ten in advance and use these for whichever classes you wish (£90.00 for non-members or £70.00 for members).**

**NB. The baby massage course is £75.00 for five consecutive weeks.**

**PLAYBARN: Farm-themed soft play areas with a complimentary Hamptons-style café (free to members or £30.00 for a 10 visit booklet for non-members.)**

**For more details and prices on party hire facilities, entertainment etc please contact Deborah: [deborah@thewestover.com](mailto:deborah@thewestover.com).**

## Chiswick

### Monday

**10.00 – 10.45**

Talking Tots: Speech Sprites  
(1-2yrs)

**11.45 – 3.00**

1<sup>st</sup> Aid for Children  
*(runs once a month)\**

### Tuesday

**2.00 – 3.00**

Baby Massage

**6.30 – 8.30**

Antenatal Course  
New Baby Company

### Wednesday

**10.00 – 10.45**

Mini Manuka Nibblets  
(18m +)

### Thursday

**3.30 – 4.00**

Amanda's Action Kids  
(4m-4yrs)

**4.05 – 4.35**

Amanda's Action Kids  
(4m-4yrs)

## Wandsworth

### Monday

**10.00 – 10.30**

Fruity Tunes  
(all ages)

**11.45 – 3.00**

1<sup>st</sup> Aid for Children  
*(runs once a month)\**

### Tuesday

**3.30 – 4.15**

Mini Manuka Nibblets  
(18m +)

### Wednesday

**11.15 – 12.15**

Baby Massage

**3.30 – 4.00**

Amanda's Action Kids  
(4m-4yrs)

**4.05 – 4.35**

Amanda's Action Kids  
(4m-4yrs)

**6.30 – 8.30**

Antenatal Course  
New Baby Company

### Thursday

**10.00 – 10.45**

Mozart's Maestros  
(6m +)

*\* For specific dates please contact the Westover clinic directly.*

*NB. The ages specified above are our recommended guideline only, everyone is welcome.*